

Parent/Carer Webinars

Primary Schedule 26/27

Scan the QR code to sign up to any of these
free local NHS webinars for Primary parents & carers

We also provide free 1:1 early support for parents
of primary aged children to support their child's
common worries and anxieties, or support
children's everyday challenging behaviours.
Speak to your school to find out more.



Through the school gates - overcoming daily challenges getting into school

Understanding and supporting your child's sleep

Supporting big emotions at home and school - the zones of regulation

Understanding and managing screen time for primary school children

Encouraging healthy habits in children with Autism

Supporting common child anxieties and worries including around exams